

CUTHBERT LAB

NAVIGATING TOWARD HEALTH AND WELLNESS



Dr. Vagner Deuel Tavares is a Postdoctoral Associate in the Faculty of Nursing. He holds a Bachelor's degree in Physical Education, a Master's degree in Health Sciences, and a Ph.D. in Psychobiology from the Federal University of Rio Grande do Norte (UFRN), Brazil. His extensive research background involves investigating the impact of physical activity, behavioral changes in lifestyle, multimorbidity, and cognitive and physiological responses in individuals with addiction and mental disorders.

As a health researcher, Dr. Tavares carefully examines multimorbidity as a distinct aspect of cancer care, recognizing its significant implications for personalized treatment strategies. He has applied his expertise in clinical and epidemiological studies and data analysis to enhance qualitative and quantitative research. Dr. Tavares aims to elucidate how the increase in multimorbidity among cancer patients represents a unique phenomenon, necessitating a different approach to care compared to patients without multimorbidity.