

June 2023 | ISSUE #21

# Patient and Family Advisory Council

Cuthbert Lab & Oncology Outcomes

## Welcome

This is an exciting summer of travel for our teams. Several team members will be presenting their work at various conferences and meetings, in destinations such as Halifax, Chicago, Italy, and Japan! The opportunity to collaborate with international researchers and disseminate our findings is an important component of sharing research knowledge and establishing new collaborations.

In other news, we have recently hired several new team members including a summer student, a science communications intern, and a new full-time research assistant.

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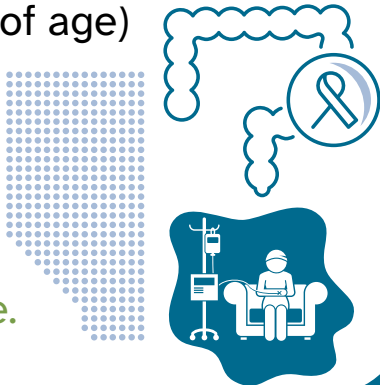
# Research Highlights

## Oncology Outcomes

Treatment patterns and survival outcomes of early-onset colorectal cancer patients in Alberta, Canada: a population-based study

### STUDY PURPOSE

To determine **treatment** and **outcome** differences between **early-onset colorectal cancer (eoCRC)** patients and **average-onset CRC** patients (60-70 years of age) using **recent data** from a large **Canadian province**.



### CONCLUSIONS & FUTURE IMPACT

**EoCRC patients** tended to receive **more therapy** than average age CRC patients with **minimal survival gains**.

#### FUTURE DIRECTIONS

There is a **clear need** for **prediction models** that capture the **risk of recurrence** and of **adverse events** for **eoCRC patients** to help clinicians and patients make **informed treatment decisions**.

This is particularly important in the context that many eoCRC patients are not fully aware of the side effects of treatment or the long-term impacts that are uniquely relevant to this patient population.



Click [here](#) for full article.

## Cuthbert Lab

Symptom burden in patients with common cancers near end-of-life and its associations with clinical characteristics: a real-world study

### STUDY PURPOSE

To determine the **TYPE** and **SEVERITY** of **SYMPTOMS**



within the **last 6 months** of life in a large **real-world** cohort of patients with cancer.

### CONCLUSIONS & FUTURE IMPACT

This population-based study characterized the **physical** and **psychological** symptoms near the end-of-life in **1159 patients** with **lung, colorectal, breast, prostate and pancreatic cancer**.



There is significant symptom burden in patients with cancer near the end-of-life.

Further, physical symptoms appear to be **more intense** than psychological symptoms.

The integration of **routinely collected patient reported outcomes** may need to be **further optimized** and **incorporated** into **palliative care** for cancer patients.

Click [here](#) for full article.

# Study

# Recruitment



We continue to actively recruit participants for several studies right now, including:

- ▶ Healthcare Provider and Patient Views on Prescribing Opioids for Cancer Patients. [Poster Link to Share](#)
- ▶ Patients Perspectives of Value Frameworks Used to Guide Oncology Treatment Decisions [Poster Link to Share](#)

If you think the studies might be relevant to your contacts, please feel free to share the website or poster links. For the additional details on each study click [here](#).

## Coming Up

The next newsletter will release in July 2023.

Previous issues of the PFAC newsletter have been posted online: <https://www.cuthbertlab.com/advisory-council>

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